



MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia_college@rediffmail.com // www.mugberiangangadharmahavidyalaya.ac.in

REPORT ON

CERTIFICATE COURSE ON BEAUTY THERAPY AND HAIR CUTTING

Organised by

Department of Physical Education

**The Mugberia Gangadhar Mahavidyalaya
Bhupatinagar, Purba Medinipur, West Bengal, 721425**

Dated: 26th June, 2023

Venue: College Campus

August, 2023

Members Presents

1. Principal	:	Dr. Swapan Kumar Misra
2. TCS	:	Dr. Bidhan Samanta
3. IQAC Coordinator	:	Dr. Prasenjit Ghosh
4. NAAC Coordinator	:	Dr. Kalipada Maity
5. Course Coordinator	:	Mrs. Anindita Si Bera
6. Member	:	Dr. Biswajit Garai
7. Member	:	Mr. Jisu Krishna Jana

A short meeting was held on 5th June, 2023, at 3 pm at Principal chamber regarding the implementation of a certificate course on “Beauty Therapy and Hair Cutting” on and from 26th June, 2023 at college campus. All the teachers of the department and the Principal of the college were present in the said meeting. It was chaired by the Principal of the college.

Following decisions were taken in the meeting:

- ❖ It is decided that Mrs. Anindita Si Bera will be the coordinator of this course.
- ❖ The course will be scheduled from 27th June, 2023
- ❖ Course Duration: 30+ hrs
- ❖ Delivery Mode: Offline
- ❖ Registration Fees Rs. 100/-

The meeting comes to an end with a vote of thanks

Notice



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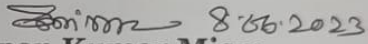
E-mail : mugberia_college@rediffmail.com // www.mugberiangangadharmahavidyalaya.ac.in

Ref. No.: MGM/PE/Notice/27/2022-2023

Date: 08/06/2023

Notice

All the female students of our college are hereby notified that Department of Physical Education is going to organize a certificate course on **“Beauty therapy and hair cutting”** on and from **26th June, 2023** at college campus. Interested students are requested to register their name at the Department of Physical Education on or before 24th June, 2023.


Dr. Swapan Kumar Misra

Principal

Mugberia Gangadhar Mahavidyalaya

Principal
Mugberia Gangadhar Mahavidyalaya

✚ Registration Fees Rs. 100/-



About Course

Basic beautician courses are suitable for beginners. A basic beautician course syllabus covers the basics and fundamentals of skincare, makeup, hair treatments, haircuts, and spa. The complete list of topics covered under the basic beautician course syllabus is mentioned below.

Skin Care and Grooming:

Course Objectives:

While studying the Skin Care and Grooming, the student shall be able to:

- Understand the anatomy and the basic skin types of the Human
- Describe the equipment and tools used for Skin Care
- Explain the steps of giving massage during facial
- Demonstrate the manicure and pedicure procedures

Course Outcomes:

After completion of the Skin Care and Grooming, the student will be able to:

- State the types of skin of human
- Select the type of make-up accessories for various types of skin and situation
- Perform eye and lip make-up including corrections
- Demonstrate various types of Facials and massaging manipulations

Hair Care and Styling:

Course Objectives:

While studying the Hair Care and Styling, the student shall be able to:

- Learn about the structure and types of Hair
- Describe about scalp manipulation and hair rinsing process
- Explain the procedure for various thermal hair styling like roll, straightening preming.
- Gain knowledge about hair colouring and the process

Course Outcomes:

After completion of the Course Hair Care and Styling, the student will be able to:

- Explain the hair growth rate and hair damages
- Demonstrate the hair shampooing techniques
- Handle various types of hair colouring and dyeing materials and perform the hair colouring
- Perform different types of hair cut like bob, straight cut etc.

SYLLABUS

BASIC BEAUTY CARE

Unit-I: Introduction and importance of Beauty care - Threading: Types, Materials required, Methods, Articles and Package. Side effects and remedial measures - Bleach: Types, Materials required, Methods, Articles and Package. Side effects and remedial measures - Facial: Types, Materials required, Method, Articles and Package. Types of Skin, phases of massages, Side effects and remedial measures.

Unit-II: Manicure and Pedicure: Definition, purpose, Introduction, tools and equipment's, application of creams and lotion, methods/types of pedicure and manicure. Hand and leg massages step by step procedure - Nail Art: Factors affecting nail growth. Introduction equipment's and tools, types of nail polish, application and their methods. Different methods of nail art - Mehendi: Introduction, preparation of Mehendi paste, Mehendi cone preparation and application on hands and legs.

HAIR CARE

Unit-I: Structure of Hair, Types of hair, Hair growth cycle, Importance of hair care, factors affecting hair growth. Scalp massage –benefits and methods, materials required and procedure. Shampooing and rinsing-its importance, purpose and function, types of shampoo – their uses and effects, precautions, types of rinses, benefits of rinsing and precautions.

Unit-II: Hair conditioning – Types of Hair conditioner – natural, chemical, Henna application. Hair problems and treatments –hair falling, split ends, graying, dandruff, dryness, damaged hair, Baldness, Hair spray – Types, Advantages and Disadvantages, outline of hair drier, hair ironing, straightening

Unit-III : Dye application -Hair colour – History of colouring, Basic law of colour, classification of hair colour, allergy test, precaution, special effects of coloring techniques – frosting, tipping, slicing, foil technique, comb technique, global coloring. Types and techniques of crimping

Unit-IV : Hair Cut - Knowledge of hair texture, selection of hair cut according to facial shape, occasion, age, profession, body structure and hair texture. Hair cutting techniques, tools and equipment in haircuts. Haircuts – types: basic haircuts- Trimming, straight cut, U cut, and V-cut. Advanced haircuts – layer cut, blunt cut, tapering, Graduation, bob etc. Use of Hair shaping and cutting implements. Sterilization and sanitation.

Unit-V : Hair styling – different hair styles as per hair texture, materials used for hair styling, techniques in styling – Rolls, twists, braiding, Roller setting, Blow drying, Comb out techniques, thermal hair styling- Hair dryer, Crimping rods , Straightening rods, Electric rollers Curling rods. . Hair styling-Basic hairstyle, Model, party styles and bridal styles.

BEAUTY DESIGNING (LAB-I)

EXERCISES

1. Threading 2. Waxing 3. Bleach 4. Facial 5. Makeup 6. Manicure 7. Pedicure

BEAUTY DESIGNING (LAB-II)

EXERCISES

1. Hair colour 2. Hair cut 3. Blow dry & setting 4. Hair style 5. Hair straightening
6. Hair dye 7. Nail art 8. Mehendi 9. Oil massage

Attendance Sheet Sample Copy



BEAUTY THERAPY AND HAIR CUTTING.



Department of Physical Education
Mugheria Gangadhar Mahavidyalaya

CERTIFICATE COURSE ON BEAUTY THERAPY AND HAIR CUTTING

ATTENDANCE REGISTER

FROM: 26TH JUNE, 2023



Date 26.6.23

Page No.

Certificate course on Beauty Therapy and Hair cutting

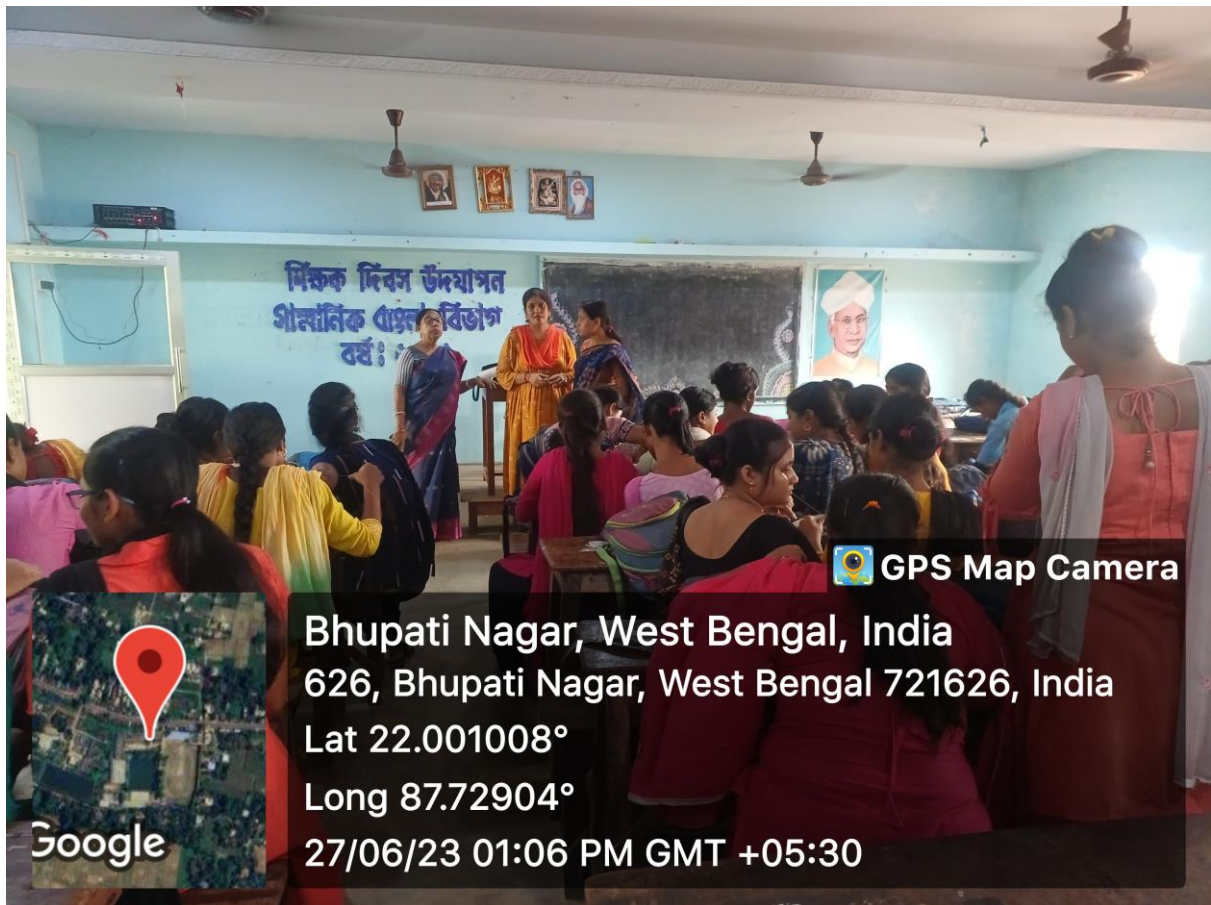
Attendance Sheet

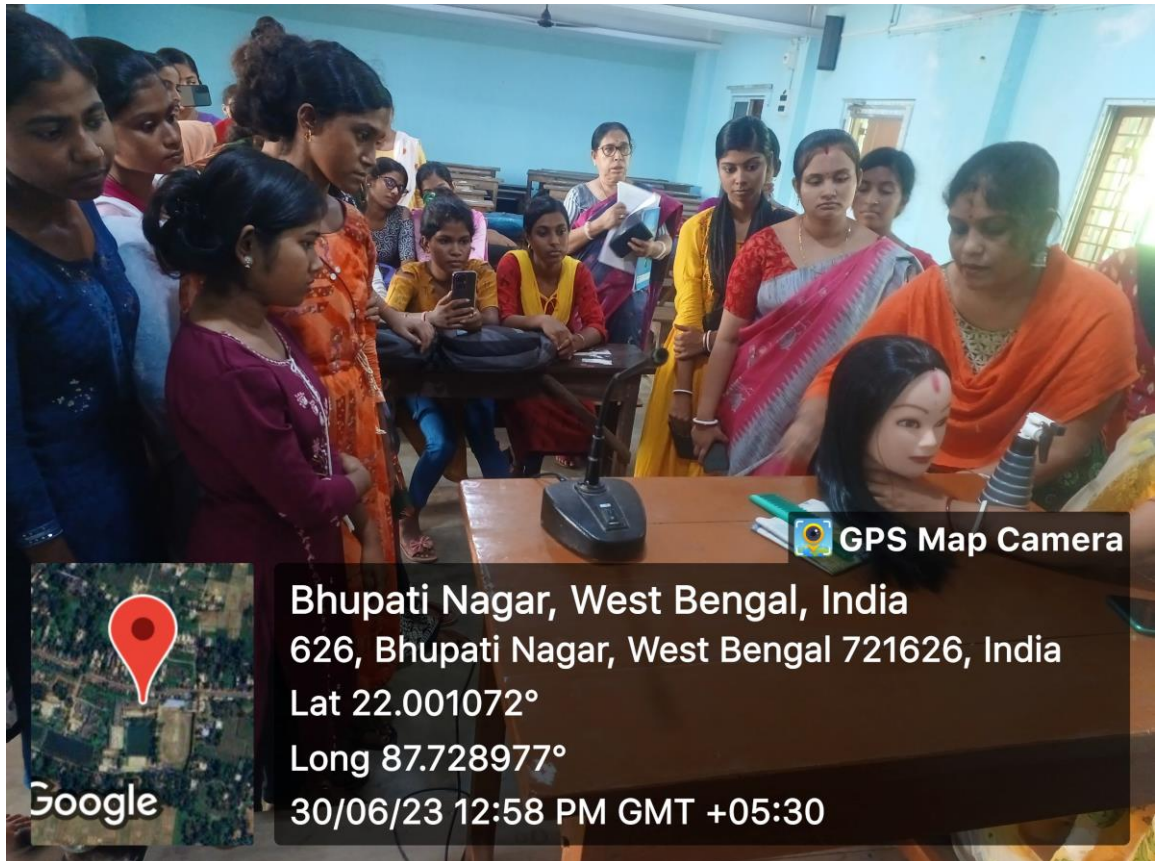
SL.	Name	Roll	Dept
1.	Ankita Sahoo	4	Bengali (H)
2.	Sumana Jana	115	Bengali (H)
3.	Safoni Koi Koi Kap	88	Bengali (H)
4.	Babita Das	10	Bengali (H)
5.	Priyanka Barik	61	Bengali (H)
6.	Barnali Das	14	Bengali (H)
7.	Baisakhi Ghil	11	Bengali (H)
8.	Rachana Bag	66	Bengali (H)
9.	Indrani Mishra	21	Bengali (H)
10.	Susmita Mahapatra	126	Bengali (H)
11.	Puspita Das	65	Bengali (H)
12.	Sangita Pradhan	84	Bengali (H)
13.	Somashree Santra	101	Bengali (H)
14.	Sangita Karan	85	Bengali (H)
15.	Samina parvin	79	Bengali (H)
16.	Rinta Bari	68	Bengali (H)
17.	Sushmita Ojerci	125	Bengali (H)
18.	Moumita Mishra	13	Bengali (H)
19.	Nandita Patra	47	Bengali (H)
20.	Mani Giri	36	Bengali (H)
21.	Smritikara Giri	94	Bengali (H)
22.	Samirika Khat	82	Bengali (H)
23.	Dipika Patra	134	Bengali (H)
24.	Papaya Hu	51	Bengali (H)
25.	Rintu Mondal	135	Bengali (H)
26.	Madhumita Panigrahi	28	Bengali (H)
27.	Shreeashree Barua	91	B.A (H)
28.	Rupa Kar	73	Bengali (H)
29.	Barnali Dalapati	13	Bengali (H)
30.	Bithika Juma	16	B.A (H)
31.	Nayanmoni Bar	98	Bengali (H)

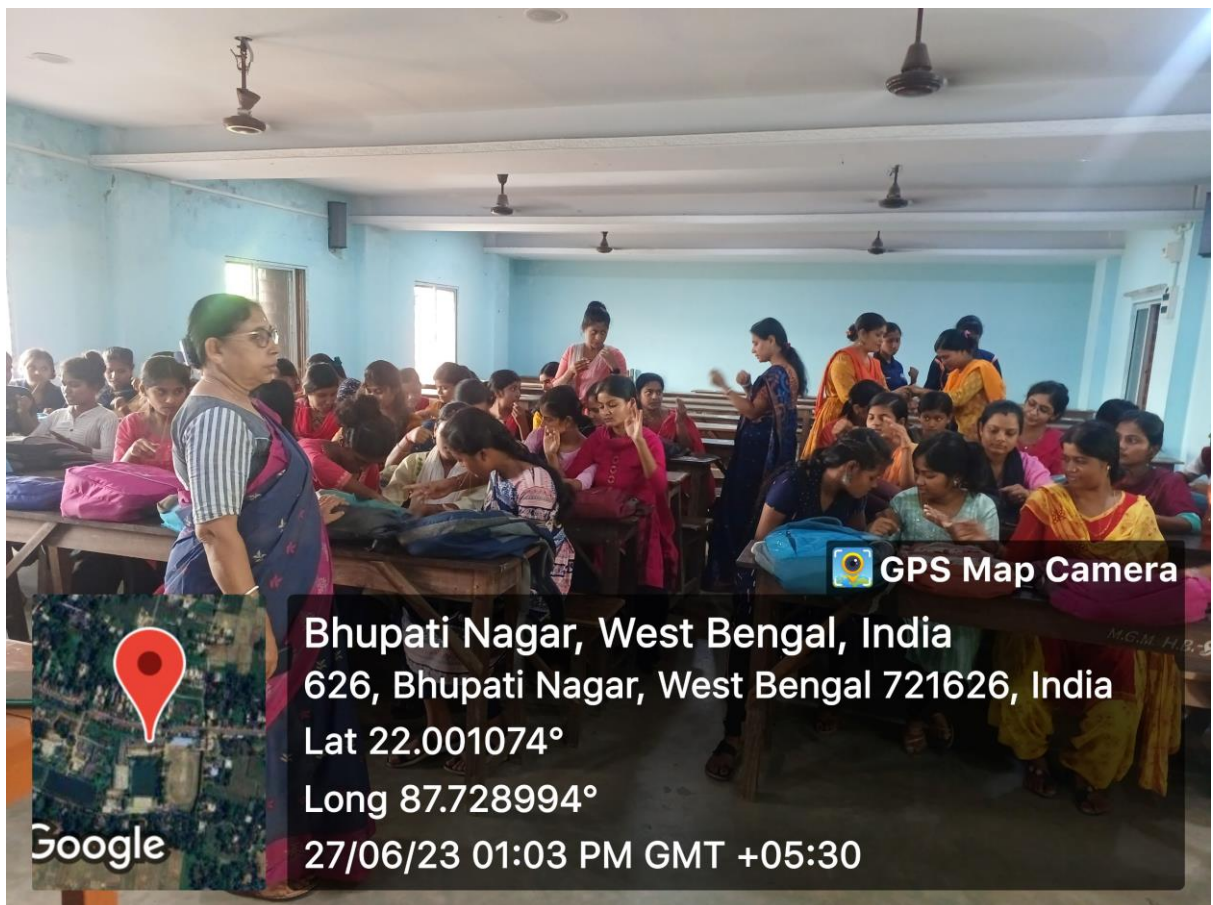
Certificate course on Beauty Therapy and Haircutting Attendance Sheet

	Name	Roll	Dept
✓1.	Taishna Dolai	132	B.A(H)
✓2.	Suchitra Gini	111	B.A(H)
✓3.	Nayanmoni Bar	48	B.A(H)
4.	Manju Ghopai	38	B.A(H)
5.	Mayabati Gajen	424	B.A(H)
✓6.	Rupa Kar	73	B.A(H)
✓7.	Basmati Dalapati	93	B.A(H)
✓8.	Bithika Jona	16	B.A(H)
✓9.	Sukanya Sahoo	112	B.A(H)
✓10.	Payel Maity	64	B.A(H)
11.	Azrita Kotal	1225	B.A(H)
12.	Ankita Midya	1320	B.A(H)
✓13.	Susama Bera	123	B.A(H)
✓14.	Mallika Das	32	B.A(H)
15.	Soumita Mondal	105	B.A(H)
16.	Susmita Jana	127	B.A(H)
17.	Moumita Das	42	B.A(H)
✓18.	Prityanka Barik	61	Beng(H) B.A.
✓19.	Basmati Das	14	B.A(H)
✓20.	Babita Das	10	B.A(H)
✓21.	Moumita Mishra	43	B.A(H)
22.	Rani Das	67	B.A(H)
✓23.	Mani Gini	36	B.A(H)
✓24.	Samina Parvin	79	B.A(H)
✓25.	Rinta Bar	68	B.A(H)
✓26.	Nandita Patra	47	B.A(H)
✓27.	Shreyashree Barik	91	B.A(H)
✓28.	Rachana Bar	66	B.A(H)
✓29.	Pratiba Khatua	59	B.A(H)
✓30.	Indrani Mishra	24	B.A(H)

Photo Gallery Sample Copy







Certificates Sample Copy





Dr. Swapan Kumar Misra
18.8.2023
Principal
Mugberia Gangadhar Mahavidyalaya